



EUROPEAN NARCOLEPSY NETWORK



# 13<sup>th</sup> European NARCOLEPSY DAYS

NOVEMBER 19<sup>th</sup>-20<sup>th</sup>, 2022

Bologna, Italy


*In collaboration with:*






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# 13<sup>th</sup> European NARCOLEPSY DAYS

*Dear colleagues, patients, guests and friends,*

The 13<sup>th</sup> European Narcolepsy Days which immediately follows the 19th European Narcolepsy MasterClass, is a joint meeting with patients and includes clinical and scientific sessions on narcolepsy and its treatment, lectures on the most recent publications in the field of narcolepsy, pediatric updates, short presentations by young investigators on current research projects, a poster session and a keynote lecture on clinical, pathophysiological and therapeutic aspects of narcolepsy and its socio-economic impact.

Representatives of national patient organizations will host a joint workshop with clinicians and a second session in which questions prepared by patients will be discussed together with physicians and scientists.

*Warm Regards,*



Prof. Claudio Bassetti  
*President of the European Narcolepsy Network*

## SATURDAY, 19<sup>TH</sup> NOVEMBER 2022

09.00 Registration

09.15 Welcome - C. Bassetti (CH), R. Lodi (IT),  
L. Manzioli (IT), G. Plazzi (IT)

### 09.30 SYMPOSIUM 1 | A YEAR IN REVIEW

In basic science - A. Silvani (IT)

In clinical science - A. Heidbreder (AT)

10.40 ☕ Coffee break

### 11.00 TRANSLATIONAL MEDICINE

👤 Moderator: C. Peyron (FR)

Is the loss of hypocretin/orexin the only piece  
of the puzzle in narcolepsy?

M.P. Giannoccaro (IT), M. Schmidt (CH),  
M. Tafti (CH)

Discussion between a panel of experts  
followed by Q&A with the audience.

### 12.00 YOUNG SCIENTISTS SYMPOSIUM and EUNN young scientist awardee talk

👤 Moderators: B. Kornum (DK), F. Pizza (IT)

13.00 🍴 Lunch & networking & Patient own activity

13.30 EU-NN assembly (for EU-NN members)

### 14.30 SYMPOSIUM 2 CLINICAL ASPECTS IN NARCOLEPSY

👤 Moderator: Y. Dauvilliers (FR)

What is the unmet need in the management  
from a patients' point of view  
*Patient representative*

Are nocturnal sleep alterations biomarkers  
of narcolepsy - L. Barateau (FR)

Alterations beyond sleep, what is specific for  
narcolepsy? - G.J. Lammers (NL)

Diagnostic approaches for narcolepsy and  
borderlands - J. Santamaria (ES)

16.15 ☕ Poster session and coffee break

### 16.45 SPONSORED SYMPOSIA

17.30 🍷 Posters and Drinks

## SUNDAY, 20<sup>TH</sup> NOVEMBER 2022

### 09.00 SYMPOSIUM 3 WHAT'S NEW WITH THE DATABASE

👤 Moderator: R. Ferri (IT)

Where are we so far with EUNN database? -  
R. Khatami (CH)

Open discussion: Where should we go with  
the EUNN database?

### 09.30 PATIENTS SESSION

👤 Moderators: J. Santamaria (ES),  
G. Plazzi (IT), Patients

Symptoms and quality of life

How do we need to follow patients?

Guidelines for homogeneity across centers

10.30 ☕ Coffee break

### 11.00 NARCOLEPSY RESEARCH AWARD AND KEYNOTE LECTURE

S. Nevsimalova (CZ)

👤 Moderator: C. Bassetti (CH)

11.30 Closing ceremony



## YOUNG SCIENTIST AWARD

The European Narcolepsy Network (EU-NN) aims to facilitate clinical and scientific progress in the field of narcolepsy and other hypersomnias of central origin.

For the 13<sup>th</sup> European Narcolepsy Days (Bologna, 19<sup>th</sup>-20<sup>th</sup> November 2022) the EU-NN will again award a “Young Scientist Award”.

If you are under 35 years of age, are MD or PhD and have published an article on narcolepsy or hypersomnias of central origin within this or the last year, you are invited to apply for this award.


The award is 1'000.00 € and includes an invitation to the 13<sup>th</sup> Narcolepsy Day in Bologna including a presentation of the scientific work (accommodation and travel expenses included).

**The application deadline is September 30<sup>th</sup>, 2022.**

The application, consisting of a CV (max 3 pages) with a clearly stated birth date and the article upon which the application is based, should be sent to the Scientific Committee of the EU-NN represented by Christelle Peyron: [peyron@sommeil.univ-lyon1.fr](mailto:peyron@sommeil.univ-lyon1.fr)

## ABSTRACTS AND POSTERS

All attendees of the 13<sup>th</sup> European Narcolepsy Days are invited to submit abstracts for the short Oral Presentations Session and the Poster Session.

 **According to tradition, there will be awards for Best poster and Best oral presentation.**

Four to six abstracts will be selected for oral presentation in the young investigator session. To be eligible for the oral session the presenting author should be a student, post doc, or similar levels.

**Deadline for abstract submission is: September 30<sup>th</sup>, 2022.**

Abstracts must be submitted electronically to Christelle Peyron: [peyron@sommeil.univ-lyon1.fr](mailto:peyron@sommeil.univ-lyon1.fr)

Click [HERE](#) or visit [www.europeansleepfoundation.ch/wp-content/uploads/2022/03/Abstract-Instruction.pdf](http://www.europeansleepfoundation.ch/wp-content/uploads/2022/03/Abstract-Instruction.pdf) to download the instruction.



Please visit the official website for further information and submission.

[www.europeansleepfoundation.ch/event/13th-european-narcolepsy-days/](http://www.europeansleepfoundation.ch/event/13th-european-narcolepsy-days/)

## REGISTRATION FEES

Full Congress	Within 15.10.2022	After 15.10.2022
HCPs (HealthCare Professional)	200 €	250 €
Participant	125 €	175 €
EU-NN Members	125 €	175 €



**REGISTER NOW!**

Click [HERE](#) or scan the QR code for registration.

## CME CREDITS

- An application will be made to EACCME® (The European Accreditation Council for CME)
- An application will be made to Italian CME society

## MEETING VENUE

UNIVERSITÀ DI BOLOGNA  
AULA ABSIDALE SANTA LUCIA  
Via de Chiari, 25/a  
40124 Bologna, Italy

## WITH THE PATRONAGE OF



ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA  
DEPARTMENT OF  
BIOMEDICAL AND NEUROMOTOR SCIENCES

## LOCAL ORGANIZERS

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Associate Professor, Department  
of Biomedical and Neuromotor  
Sciences, University of Bologna

**Prof. GIUSEPPE PLAZZI**  
Full professor, Department of  
Biomedical, Metabolic and Neural  
Sciences, University of Modena  
and Reggio Emilia



**For more information, visit:**

[www.europeansleepfoundation.ch/event/13th-european-narcolepsy-days/](http://www.europeansleepfoundation.ch/event/13th-european-narcolepsy-days/)

## ORGANIZING SECRETARY



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